

Guide 9: Ready, Steady, Shop

With baby on the way, it's time to get stocked up on all the items your little darling will need. Here's a checklist of the things you should buy.



You're having a baby! And with a baby comes a host of items you need to buy. It's a good thing Singaporeans love to shop because there's plenty of that for you and your partner now. These are items you should be preparing before bringing your baby home.

The second trimester is a good time to get started on this shopping list as that's when you're likely going to have more energy, coming out of the fatigue and nausea of trimester one, and right before the upsize of trimester three. So get ready, set, and shop!

Baby Care Shopping List

- 2-3 hooded towels
- 2-4 wash cloths
- Baby bath oil
- Baby lotion
- Baby body wash
- Baby laundry detergent
- Baby shampoo
- Bath thermostat
- Bathing toys
- Comb
- Cotton buds
- Safety nail clippers
- Soft sponge
- Baby bathtub

Bottle Feeding Shopping List

- 5 bibs
- 6-8 bottle teats/nipple
- 6-8 bottles
- Baby milk powder
- Bottle brush
- Bottle warmer
- Steriliser kit

Breastfeeding Shopping List

- 3 nursing bras
- 5 bibs
- 6-8 bottle teats/nipple

- 6-8 bottles
- Box of breast pads
- Breast milk storage bags
- Breast pumps
- Feeding pillow
- Loose shirts
- Nipple cream
- Privacy shawl

Changing Shopping List

- Baby lotion
- Baby wipes
- Changing mat and cover
- Cotton buds
- Cream
- Disposable bin bags
- Nappies/diapers
- Sealable bin/bucket
- Wash cloth

Clothing Shopping List

- 1 fleece outfit
- 1 jacket
- 1 pair of mittens
- 1 shawl
- 1 sweater
- 2 caps or baby hats
- 2 swaddle blankets
- 3 pairs of scratch mittens

- 5 cardigans
- 5 footed trousers
- 5 one-piece outfits, or onesies
- 5 one-piece pyjamas
- 5 pairs of socks

Furniture Shopping List

- Blackout curtains
- Bouncer seat
- Changing table
- Cot/crib
- Cot/crib mattress
- Dresser
- High chair
- Infant swing
- Mattress sheets
- Moses basket

Safety Shopping List

- Baby monitor
- Disinfectant hand soap
- Night light
- Forehead or digital thermometer

Sleeping Shopping List

- Baby monitor* (see Safety Shopping List)
- Blackout curtain* (see Furniture Shopping List)
- Fitted bed sheets
- Heavy cotton blankets
- Musical mobile

- Night light
- Waterproof mattress liner

Toys Shopping List

- Activity mat
- Baby soft books
- Bath toys
- Chime/music
- Comforters
- Cuddly toys
- Dummy/pacifier
- Musical mobile
- Rattle
- Stroller toys
- Teething ring

Travel Shopping List

- Child view mirror
- Front carrier/sling
- Infant car seat
- Stroller with full recline
- Travel bag
- Travel cot/crib

Associate Professor Tan Thiam Chye
Visiting Consultant, Department of Obstetrics and Gynaecology, KKH

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Sources:

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