

MARRIAGE PREPARATION



Online Prevention and Relationship Education Programme (ePREP)

An evidence-based marriage and relationship education programme that aims to help soon-to-wed and newly-wed couples (0-2 years of marriage).

Topics covered:

1. Introduction
2. The Speaker-Listener Techniques
3. Issues and Events
4. XYZs and Problem Solving
5. Understanding Commitment
6. Fun and Friendship

To be completed by couples at their own pace within **3 months**.



Register now!



<https://bit.ly/Fam4LifeMPP>

For enquiries, contact us at famforlife@amkfsc.org.sg

FREE

Sponsored by Ministry of Social and Family Development (MSF)
Either spouse must be a Singapore Citizen or Singapore Permanent Resident.